



A MISSIONARY
MOVEMENT AT
THE SERVICE OF
THE CHURCH

CHRISTA LOGOS

THE FACE OF JESUS YOUTH AMALA



VOLUME I ISSUE I

FEB 2012

"The Lord has anointed me to bring good news to the oppressed"

DIRECTOR'S MESSAGE



Fr. Walter Thelappilly CMI
Director.

അമലയിലെ ജീസസ് യൂത്ത് പുറത്തിറക്കുന്ന പുതിയ ന്യൂസ് ലെറ്റർ എല്ലാവർക്കും പുതിയ ജീവൻ നൽകട്ടെയെന്നാശംസിക്കുന്നു. ദൈവ വചനം അനുദിന ജീവിതത്തിൽ പ്രാവർത്തികമാക്കി പഠനത്തോടൊപ്പം വിശുദ്ധിയും വിജ്ഞാനവും പങ്കുവെക്കുവാൻ ഈ സംരംഭത്തിന് സാധിക്കട്ടെയെന്ന് പ്രാർഥിക്കുന്നു. വചനപ്രഘോഷണം ഓരോ ക്രൈസ്തവന്റെയും ചുമതലയാണ്. "നിങ്ങൾ ലോകമെങ്ങും പോയി എല്ലാ സൃഷ്ടികളോടും സുവിശേഷം പ്രസംഗിക്കുവിൻ" (മർക്കോസ് 16:15) എന്നുള്ള യേശുനാമന്റെ പ്രബോധനത്തിൽ നിന്നും പ്രചോദനം ഉൾക്കൊണ്ട് നിരന്തരം വചനത്തിന് സാക്ഷ്യം നൽകുന്ന ജീസസ് യൂത്ത്തിലെ അംഗങ്ങൾ, തങ്ങളുടെ ജീവിത മാതൃക കൊണ്ട് യേശുവിന്റെ സ്നേഹം മറ്റുള്ളവരിലേക്ക് എത്തിച്ചുകൊടുക്കുന്നതിൽ വിജയിച്ചിട്ടുള്ളവരാണ്. ഇനിയും ധാരാളമായി ക്രിസ്തുവിന്റെ സ്നേഹം മറ്റുള്ളവരിലേക്ക് പകർന്നുകൊടുക്കുവാൻ ഈ പുതിയ പ്രസ്ഥാനത്തിന് സാധിക്കട്ടെ. അതിനായി എല്ലാവർക്കും ദൈവാനുഗ്രഹങ്ങളും ഉണ്ടാകട്ടെയെന്ന് ആശംസിക്കുന്നു. •

DEDICATION



Ever-virgin Mary, pray for us.

ANIMATOR'S MESSAGE

I am glad to know that Jesus Youth unit of Amala Campus is bringing out a newsletter – Christa Logos – as a part of their activity. The discipleship of Jesus urges us to live the Good News and disseminate it. The print media is, of course, a powerful tool in propagating the Good News. **Christa Logos** should be a refreshing source of positive energy for its readers. In a milieu flooded with depressing news unleashing negative energy, the presence of printed material with positive intent and inspiring content will be very much appreciated. I would like to see articles, stories, anecdotes, poems, cartoons, quotations, etc – all meant to edify and promote the wellbeing of the person. The Good news that Jesus brought with Him was meant to liberate man from the shackles of slavery – slavery to selfishness which ultimately generates only unhappiness and turmoil.



Fr. Francis Kurissery CMI
Joint director.

I wish and pray **Christa Logos** will be a publication with a difference. May it be a carrier of blessings for all. May God bless the pioneers of this noble venture. •

Inside the cover

⇒ BE VIRULENT AS HIV



⇒ THE LITTLE THINGS WE DO..



⇒ Will you kill your papa or momma when they get an incurable disease? – Dr.Finto



FRUIT OF THE SPIRIT

In Galatians 5:22 St. Paul says that the Holy Spirit produces Love, Joy, Peace, Patience, Goodness, Kindness, Faithfulness, Humility and Self control. These nine qualities are known as the 'fruit of the Spirit'. All these qualities are very special in their own way but remember it not Fruits, but fruit. So all these qualities go hand in hand. This is indeed very important as we need a special gift of the Spirit called 'Gift of the Discernment of Spirit' which helps us to distinguish between the good and the evil.

Satan's biggest weapon is to deceive people. He can appear as an angel (As he himself was an angel thrown out from heaven) and deceive us in believing that what is evil to be good. That is where the Fruit of the Spirit comes in handy to make a distinction between the Shepherd and the deceiver. The nine fruits will never be possessed by the deceiver.

The first quality is aptly described in the 'Chapter of Love' 1Cor:13. It is one of the shortest Chapters in the Bible but what it means is may encompass the whole Bible itself. Of all the nine qualities of the Spirit, humility

stands out as it is one quality which is difficult to possess; nay, impossible to have but for the grace of God. In Sirach 3:18, God says that the greater you become (closer to God), the more humble you must be and the Lord will be pleased with you.

I recall a gifted Preacher who talked on the subject of humility. In his nascent days, as he became a better and confident speaker, he started judging himself by the loudness of applause he got after a class. He compared himself to another speaker by this measure. Slowly but surely, pride took over him and he could feel the Holy Spirit leave him. This pride is often described as 'Spiritual Pride'. As members of Jesus Youth as you grow in the Holy Spirit, you must be wary of this and be on your guard always, lest you may fall at any time. The biography of the second Christ, St. Francis of Assisi, is must-read book on this subject. The only way to garner these fruits is by Prayer and prayer only and the best time to pray is early in the morning (Sirach 39:5). So pray, pray.....! •

Dr. Joe Thomas

"The greater you become closer to God, the more humble you must be and the Lord will be pleased with you"

POINTS TO PONDER



"IT WAS LEGAL TO KILL ME UNTIL A FEW WEEKS BACK"

"No one who believes in Him will be put to shame." (ROMANS 10:11)



EDITORIAL

It matters.....

Words touch lives, sparing no difference on whether it was spoken, written, listened, or read. Each day in our lives, words transform into thoughts, ideas, beliefs, faith and (best of all) love. Keeping this very thought at heart, we Amala Jesus Youth would love to introduce to you a new life. A new life, in "words", we lovingly named "CHRISTA LOGOS – Latin for word of Christ", Born purely out of love, to bring you - Christ, His teachings, His values and even more.

Many people debate that actions speak louder than words, but they rarely notice that it is words that shout louder through actions. In this intelligent world we occupy, every notion we face is evaluated by our own values and beliefs. And it is the words that we listen and read, that transforms us - changing our values and beliefs to appreciate things differently. So it is well said that "my opinion" depends primarily on how much I am informed and how much I care to know. So keeping in mind this very truth, here is a newsletter which wishes to keep you well informed to think differently, live differently to our ultimate aim - love i.e. Christ.

The journey to God is dissolved in the lives of all those who are born. Yet sadly only few recognize it (to prepare well) and many don't, yet all are kept to travel this very road (through the grace of God) to reach without fail in varying times to come. The beauty of a journey lies in its destination (the more beautiful it is, the more joyful the journey). Each traveller's joy lies hidden in his knowledge of the road ahead, where it (knowledge) lightens the fears and doubts he might carry along. It is with sincere prayer that we present this newsletter to you, hoping to inspire you and strive to bring God, His love and His ways to all of us.

With prayers we start.
Chief Editor

Feel free to get to us with suggestions or if any part of this newsletter needs further clarifications or if the speculations are not clear, at christalogos@gmail.com

BOOK FOR PERUSAL

Summa Theologica:

- St. Thomas Aquinas' brilliant synthesis of Christian thought, has had a decisive and permanent impact on philosophy and religion since the thirteenth century.
- It's a summing up of all that can be known about God and humanity's relations with God.
- It's one of the classics of the history of philosophy and one of the most influential works of Western literature.
- It's intended as a manual for beginners in theology.

"For those who love God all things work together for good, for those who are called according to his purpose"

As a part of my 'proficuss' program, I had an opportunity to visit Vayala mission diocese at Pathanamthitta. I wish to call it a journey - a journey with extraordinary experiences with Jesus. Actually it was the journey which taught me to sail fearlessly through my later life, which came as a stormy ocean.

"And all who believed were together and had all things in common."- Acts 2:44

I had read it so many times, but had never understood what it meant. When I stayed there along with other five proficuss friends with a small family, God was in

fact revealing it's meaning to me. The lady in that house cared us like her own children and never left as homesick. We together made breakfast and shared it with each other. Thus we together formed a community in God.

"The Holy Spirit will teach you in that very hour what you ought to say."- Luke 12:12

I had to enter homes without knowing what to tell or at least one home, after a brief introduction I took the Bible and read a passage. By the time I finished reading it, I found the women in that home cry-

ing. The scriptures were speaking to them while they were at the midst of their confusion in selecting the right path to live. It was the power of Holy Spirit that helped us to speak the right things at right places.

"For where two or three are gathered in my name, there am I among them."- Matthew 18:20

We were only a few people who felt the desire to share Jesus with them. But at the end of our visit we found the whole people in that parish willing to seek and share Jesus.

(Continued on 3rd page)

BE VIRULENT AS HIV

Though HIV is a deadly threat to humanity, it's pretty interesting to see how it behaves inside a cell. This virus is a nonliving genetic material outside the cell. But when it infects a cell, it takes control of all the cellular activities. It simply gets into the nucleus and redirects the protein synthesis for its own survival. It doesn't consider the need of the cell. It doesn't get too much attached with the cell, i.e. it is free to come out of the cell after completing its own synthesis of required proteins and genetic material.

That's HIV. It gets into the nucleus and becomes the master of the cell; something from outside taking control of the cell.

That's why I said it's really, really, interesting.

Let me say something spiritually. According to St. Thomas Aquinas in the hierarchical structure of beings of the world, Angels, the compounds of essence and existence, exists on the peak of creation, and then come men, we all, the *Homo sapiens sapiens*, whose substantial form is the spirit, which is united with material. The man is the sum total of this merely corporeal and spiritual being. The spirit can exist independently of the body. However, the more sensitive beings, the animals, or poorly vegetative beings, the plants, have a corruptible form of spirit that cannot exist independently of the material. That is, we have a spiritual existence outside the body unlike other animals and plants. The maximum level of expectation for these lower creatures is only up to humans. That is, these all are created for us, not only for you and me, but also for the coming generations.



In contrary to the Platonian concept or some non Semitic religious views of man, the man cannot be fragmented into a body and a spirit. That is the man is not body + spirit which would make of him two individuals; which is a misconception. Here the spirit is not something which is imprisoned in the body and willing to be released. Instead, both form a substantial

union and this substantial union is a relation by which two substances are so disposed that

they form one. It forms the person "I". It is not our spirit that loves, or our body that eats, but "We" that do both. It can be explained by a general theory. That is, it is neither "matter" nor "form", but only the composite, called a substance. Similarly the man is neither the spirit nor the body but only the substantial union of the spirit and body.

I am talking about human beings, that is about you and me, the totality of body and spirit. The man has both bodily as well as spiritual features. Both of them are dominant. Then, there arises a question whether any of these two needs to be predominant. If so, which is the predominant one? You may wonder why I don't use the traditional concept of mind because the mind is nothing but a cluster of nuclei in CNS, which is again a part of the body.

It's very clear that the body together with mind is of earthly origin. We get it from our parents; it dies, degrades into basic elements,

then gets incorporated into the food chain, and it may reach into parents and forms body for another human. This is not reincarnation (In fact, there is nothing like reincarnation), but a natural way of processing of material. Whereas, the spiritual existence does not perish and undergo any recycling but is unique to each one of us. The Catholic Church dogmatically teaches that the man gets his spiritual existence at the very beginning of conception itself. So that man cannot be completely destroyed by any means at any phase of growth.

The death; it is not an end of anything, but a transformation. This is not like as we end somewhere and begin as another, but like something changing its state into another, i.e., like childhood to adulthood. In this transformation, we lose our earthly body and the spirit continues existing as it was before, but, without body. This is applicable only to humans because only their spirit has an extracorporeal existence. On the Day of Judgment, the spirit forms a substantial union with its heavenly body. Yes, we will be transformed as Jesus Christ, our savior, did. Then you will have your heavenly body, but you, the person, will be same. This heavenly body will be totally different from the earthly body. Don't you remember? After the resurrection of Jesus Christ, the two disciples who accompanied Him till Emmaus couldn't recognize Him, because He was with His Heavenly body.

"There are also heavenly bodies and there are earthly bodies; but the splendor of the heavenly

(Continued on 3rd page)

The little things we do...

I had the opportunity to volunteer for a JY programme "Profess Messiah" during the last Onam vacation. I was excited about it, since I thought of meeting up with a lot of professionals. But at the volunteers training programme, I was made the part of food ministry. Very reluctantly, I went with Akhil for the five day programme. I entered the kitchen directly, rarely coming out of it, the next five days. Actually my hopes of meeting new people, hearing new experiences were all gone. All I did in these five days was serving, cleaning, cutting vegetables, eating & separating the food waste from plastic waste. But from the first day onwards, whatever I did, I was accompanied with my elders who shared

their experiences with me. As we had to separate the food waste from the plastic waste, we stood near the wash, collecting the plates from the participants & separating the waste. Even though it was frustrating for me, I took the plates from them and did as I was told. What struck me the most was that, a person came up to me & said that "Never be ashamed to do menial things for God because He never looks at your qualification."

"Whoever is faithful in a very little is faithful also in much." - Luke 16:10

Thomas Xavier Kidangan,
2008 MBBS batch

"For those who love God all things work together for good, for those who are called according to his purpose"

(Continued from 2nd page)

On the last day, the Chapel was full of people where it used to be just three people for the Sunday mass. We felt God acting through us; when we just took one step ahead, He had already run a hundred meters.

The love and care we received, and their thirst to know the truth had put a stone of fire in our hearts that there are a lot of things awaiting to be done by us; above all, Jesus is waiting for us. The mission gave me an opportunity to understand Bible, Jesus and what He is expecting from me. So just celebrate with Jesus. He will reveal Himself to you at the right times. "For those who love God all things work together for good, for those who are called according to his purpose"

Ajith Augustine, 2007 MBBS batch

Be virulent as HIV

(Continued from 2nd page)

bodies is one kind, and the splendor of the earthly bodies is another." (1 Corinthians 15:40)

We are created by God, our Father, for being with Him in Heaven. We are sent to this world not only to go through a "to do list" but to live with our spirit so as to maintain the spiritual features as such it was created with. As we are going to be raised to a supernatural state, as a son of God and member of the Mystical Body of which Christ is the Head, which is the eternal enjoyment of the beatific vision, it is obvious that we should maintain our spiritual features because the language of the place where we go after transformation is of love which is purely a feature of spirit. Hence, it is very important to train our spiritual features before we transform. Not just important, but mandatory; because without those features we cannot enjoy the everlasting love. Denials of this training result in forfeiting of His love. And that absence of His love is called nothing but hell.

Now I needn't answer which one of these feature need to be predominant. My dear brothers and sisters in Christ, I am not joking. **This is a matter of our existence.**

That is why it's interesting to take HIV as a role model of life. Here the mind, body and the spirit is compared to the nucleus of cell, the cell and the HIV respectively. (Just consider the mind as an inter-connecting link between body and spirit). Just as the working of HIV in a cell, the spirit should also be able to tame the body and mind to develop spiritual features. We may have to sacrifice our bodily pleasures for attaining this goal. Never mind it, because these spiritual features are the one which help us stand after transformation. I said it as just one factor because the salvation is not our achievement, but a free gift from God. This is somewhat like UPSC considering the language papers for civil service examination.

So I say that the spirit should be virulent even much more than an HIV to develop the spiritual features.

That is what exactly Saint Paul says.

"So I say, live by the Spirit, and you will not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to each other from doing what you want. But if you are led by the Spirit, you are not subject to law." (Galatians 5:16-18)

So what are the desires or features of body?

"Now the works of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God". (Galatians 5:18-21)

And the spiritual features are "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law". (Galatians 5:22-23)

And then how will we behave if we have these spiritual features?

"You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love. The entire law is summed up in a single command: "Love your neighbor as yourself." (Galatians 5:13)

So let's be virulent enough as HIV to plant our lives back into eternity.

Nelson Thomas,
2008 MBBS batch

പഠിക്കേണ്ട സൂത്രം! പാലിക്കേണ്ട സൂത്രം!

ഞായറാഴ്ച കുർബാന കഴിഞ്ഞു ഞാനും അമ്മച്ചിയും അപ്പച്ചനും വീട്ടിൽ തിരിച്ചുവന്ന സമയം. വീട്ടിൽ എല്ലാവരും ഒരുമിച്ചു കാണുന്ന ദിവസമാണ് ഞായറാഴ്ച. പഠിപ്പില്ല, പണിയില്ല, സ്വന്ഥം! വിശ്രമം! എന്നും ഞായറാഴ്ച എത്തുന്ന അമ്മമ്മ വീടുകൾ കയറിയിറങ്ങി എന്റെ വീട്ടിലും എത്തി. പലരും കതകടച്ചിടും. മറ്റു ചിലർ വിളി കേട്ടില്ലെന്നു നടിക്കും. വേറെ ചിലർ ഇവിടെ ഒന്നും ഇല്ലെന്നു പറഞ്ഞുവിടും. ഒരു നേർച്ചയെന്ന പോലെ ആ അമ്മമ്മ അന്ന് ആദ്യമായി എന്റെ വീട്ടിലുമെത്തി. ഒന്നും പ്രത്യേകിച്ചു നൽകാനില്ലെങ്കിലും എന്റെ അമ്മയുടെ സന്തോഷപൂർവ്വമായ സംസാരം ആ അമ്മമ്മയ്ക്ക് വളരെ സന്തോഷമേകി. കുറച്ചുനേരത്തെ കുശലന്വേഷണത്തിനുശേഷം അമ്മ ചില്ലറ പൈസ എടുത്ത് ആ അമ്മമ്മയുടെ കൈയിൽ വെച്ചുകൊടുത്തു. എന്തോ നീധി കിട്ടിയ ആത്മസംതൃപ്തിയിൽ ആ അമ്മമ്മ എന്റെ അമ്മയെ അനുഗ്രഹിച്ചു. മോൾക്ക് നല്ലതു വരട്ടെ. ഇത് എനിക്ക് ഒരു അനുഭവമായിരുന്നു. ഒരു പക്ഷെ ഒന്നുമില്ലാത്ത എന്റെ അമ്മയ്ക്ക് കൊടുക്കാൻ പറ്റാത്ത കോടിക്കണക്കിനു രൂപയേക്കാൾ വിലപ്പെട്ടതായിരിക്കും ഒരു വാക്ക് എന്ന് എനിക്കു തോന്നി. പിന്നീട് എല്ലാ ഞായറാഴ്ചയും ഞാൻ ആ അമ്മമ്മയെ കണ്ടു. എന്തോ വർത്തമാനം ചോദിച്ചു. ഒരിക്കൽ ആ അമ്മമ്മ എന്തോ പഠത്തു മോൾക്ക് നല്ലൊരു പുരുഷനെ കിട്ടും എന്ന്. അപ്പോൾ എനിക്ക് ശരിക്കു മനസ്സിലായില്ല. പിന്നീട് എനിക്ക് അത് തമിഴ് അറിയുന്ന അനുജൻ പറഞ്ഞുതന്നു. അങ്ങനെ ആ അമ്മമ്മ ഞങ്ങളുടെ ഒരു സ്ഥിരം അതിഥിയായി മാറി. പിന്നീട് കുറെ നാളത്തേക്ക് ആ അമ്മമ്മയുടെ വരവ് നിന്നു. കാണാറില്ല. ഒന്നും അറിയാനും സാധിച്ചില്ല.

എകദേശം ഒന്നര വർഷങ്ങൾക്കുശേഷം ഒരിക്കൽ ഞാനും അമ്മയും കൂടി employment exchange ൽ പേര് ചേർക്കാൻ പോയിരുന്നു. കോണിപടികൾ ഒരോന്നായി കയറിവേണം അവിടെയെത്താൻ. കോണിപ്പടിയുടെ താഴെ കുറെ "പിച്ചക്കാർ" ഇത് എന്റെ ഭാഷയിൽ, ശരിക്കും ഭൂമിയിലെ മാലാഖമാർ കിടക്കുന്നുണ്ടായിരുന്നു. വളരെ തിരക്കുള്ളതുകൊണ്ട് ഞങ്ങൾ ധൃതിയിൽ പോവുകയായിരുന്നു. അപ്പോഴാണ് പിറകിൽ നിന്ന് ഒരു വിളി, മോളേ..... എനിക്ക് അപരിചിതമായ ആ സ്വരം എന്റെ അമ്മയ്ക്ക് പരിചിതമായിരുന്നു. അമ്മ തിരിഞ്ഞു നോക്കിയപ്പോൾ ആ അമ്മമ്മ ഓടി വന്ന് അമ്മയുടെ മുഖിൽ കൈകുപ്പി. സന്തോഷംകൊണ്ടോ? സങ്കടംകൊണ്ടോ? ആ അമ്മമ്മയുടെയും അമ്മച്ചിയുടെയും കണ്ണുകൾ നിറയുന്നുണ്ടായിരുന്നു. ആ കുപ്പിയ കൈകൾക്കുമേൽ എന്റെ അമ്മയുടെ കൈകൾ ചേർത്തുവെച്ചു. ഇങ്ങനെ വന്ന് കുറെ വിശേഷം പറഞ്ഞു. ആ അമ്മമ്മ എന്റെ കവിളിൽ തലോടിക്കൊണ്ട് കൈവിരലുകൾ തലയിൽ വെച്ച് അമ്മർത്തി ഞെട്ട് ഒടിച്ചു. അതിന്റെ അർത്ഥം സകല ദൃഷ്ടി ദോഷങ്ങൾ പോകാൻ വേണ്ടി അവരുടെ സംസ്കാരത്തിലെ ഒരു ചടങ്ങാണ്. എനിട്ട് എന്തോ പഠത്തു അമ്മ രാസാത്തി... എത്ര നാളായ് കണ്ടിട്ട്. ശരിക്കും ഒരു വാത്സല്യം എനിക്ക് അനുഭവപ്പെട്ടു. സകല മനുഷ്യരും അത് ശ്രദ്ധിക്കുന്നുണ്ടായിരിക്കും. കാരണം ഒരു ധർമ്മക്കാരിയോടാണല്ലോ ഞങ്ങൾ സംസാരിക്കുന്നത്. ചിലർ പൂച്ചും നിറഞ്ഞ ഭാവത്തിൽ നോക്കുന്നുണ്ടായിരുന്നു.

പിന്നെ എന്റെ അമ്മ ചോദിച്ചു, എന്തേ ഇപ്പോൾ വീട്ടിൽ വരാതെ? അമ്മമ്മ (ശേഷം പേജ് 4 ൽ) പറഞ്ഞു.....

☆ THE ETERNAL ENTRANCE TEST SERIES ☆

This is to familiarize you on some common life situations where there is a high chance to go wrong...

Question 1:

Correct statement regarding copying in examinations?

- a) It's okay if the question paper was already out.
- b) It's okay if the invigilator allows.
- c) It's okay if you will fail otherwise.
- d) It's okay as long as you do not copy but make provisions for others to copy
- e) It's not okay since it's a sin



Answer: e. Examinations are done for the sake of students for their complete evaluation which can help them a lot in the long run. Exams as defined by the university doesn't allow copying. Hence, any form of copying, whatever be the source, whether supported or assisted, is not an art of sharing, but a stealing. Stealing is a sin forbidden by 7th commandment. Hence, copying is a sin

Will you kill your papa or momma when they get an incurable disease? – Dr.Finto

“Will you kill your papa or momma when they get an incurable disease? You won’t!! Same is when it gets to your child,” said Dr. Finto in the prolife section of KAIROS 2011 when he was asked about the morality of abortion of fetus with congenital anomalies. He continued, “Each child is a blessing to the world and born out of the perspective plan of God, no life is

inferior to another, but are equal, whether it gets disabled inside or outside the womb. Moreover in this decade of sophisticated neonatal technologies which can treat or at least rehabilitate almost all diseases it is pure selfishness that provokes the desire to kill.”

KAIROS 2011 was a three days retreat for the 2011

MBBS batch organized by the Amala JY and led by Sasi Emmanuel. Participants were moulded by sessions on God’s love, sufferings of Christ, Holy mother and confession, to experience the unchallenging love of God. The blessings were poured through Holy Mass, confession and Eucharistic adoration. The speakers were Mr.Sasi Emmanuel, Mr.Binoy, Mr. Shaji,

Mr.Georgekutty, Dr.Jerry and Dr.Anumod. There was a personal sharing by Dr.Thanuja, on how Holy Spirit guided her to what was beyond human limits.

The third day was prolife day. Dr.Reji introduced the participants into the depths of God’s plan on human life. This session summarized Pope John Paul Second’s teachings

on the theology of body. These four days were indeed ‘Kairos’ - a time of grace, for the whole Amala JY. Intercession with perpetual Eucharistic Adoration were the source of inundating energy for the organizing team. Kairos 2011, in words of the participants was a real eye-opener to the love called God.

Lorentia Joseph, 2009 MBBS batch

INTRODUCING JY MINISTRIES

Why should we petition God?

God, who knows us through and through, knows what we need. Nevertheless, God wants us to ask, to turn to Him in times of need, to cry out, implore, lament, call upon Him, indeed, even to struggle with him in prayer. (CCC 2629-2933)

Certainly God doesn’t need our petitions in order to help us. It’s for our own sake that we are supposed to ask prayers of petition. Someone who doesn’t ask and doesn’t want to ask shuts himself up in himself. Only a person who asks opens himself and turns to the Author of all good. Someone who asks goes back home to God. Thus the prayer of petition brings man into the right relationship to God, who respect our freedom. (Youcat 486)

“O man, you are a poor creature who must ask God for everything” St: John Vianney

Why should we petition God for other people?

As Abraham intervened by his prayer for the inhabitants of Sodom, as Jesus prayed for his disciples, and as the early Christian community looked “not only to [their] own interests, but also to the interests of others” (Phil 2:4), so too Christians pray for everyone - for people who are dear to their hearts, for people who are not close to them, and even for their enemies. (CCC 2634-2636, 2647)

The more a person learn to pray, the profoundly he realizes that he has ties to a spiritual family through which the power of prayer is made effective. With all my concern for the people whom I love, I stand in the midst of family of mankind and may receive strength from prayers of others and may call down divine assistance for others. (Youcat 487) “To intercede means to send someone an angel.” Martin Luther

Do you have an unspoken prayer request?

Amala JY intercession ministry is willing to pray for you. How to transfer your prayer requests to us? Write it in a piece of paper and drop it in the prayer-box kept near the Adoration Chapel or you can mail it to christalogos@gmail.com. Isn’t it that easy as you read it!

Could you prioritize your time to pray for others?

An intercession prayer is held on Wednesdays 4.15to 5.00pm at Amala adoration Chapel. We invite you to this gathering. Let us join hands for our brothers and sisters and enter into the ecstasy of His joy.

Rinku Varghese, 2007 MBBS batch

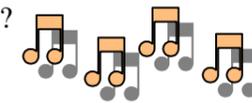
INTERCESSION MINISTRY



Among the patients. Amala Hospital rejoiced with Jesus Youth in the evening of 21st December 2011. The dancing of the carol team and songs praising Infant Jesus really evoked the joy of Christmas in Amala.

Questions to doctors

A lady suffering from Tuberculosis with obstetric formula G5P4L3 presented with a bad obstetric history of blind first child, dead second child, deaf third child and fourth child with TB, and family history of sick husband with sniffles. Given the extreme life situation, would you consider recommending abortion?



If your answer is “yes”, You would have killed one of the most famous and influential of all composers and pianist, a crucial figure in the transition between the Classical and Romantic eras in Western art music, Ludwig van Beethoven.

Prepared by prolife ministry

(മൂന്നാം പേജിൽ നിന്ന്)

പഠിക്കേണ്ട സൂത്രം! പാലിക്കേണ്ട സൂത്രം!

എന്റെ പേരക്കുട്ടിക്ക് വേണ്ടിയായിരുന്നു ഞാൻ പിടിച്ചെടുത്തത്. സൂത്രം ഞാൻ എന്റെ തക്കം മരിച്ചു പോയി.. ഒരു വാക്കുപാലും ആശ്വസിപ്പിക്കാൻ കിട്ടാതെ ഞങ്ങൾ മൌനം ഭവിച്ചു. പിന്നീട് ഞങ്ങൾ തിരിച്ചു പോയി... പിന്തിരിഞ്ഞു നടക്കുമ്പോഴും ആ അമ്മയ്ക്കു കണ്ണു മറയും വരെ ഞങ്ങളെ നോക്കി നില്ക്കുന്നുണ്ടായിരുന്നു. ഞാൻ എന്റെ അമ്മയുടെ മുഖത്തേക്ക് നോക്കി... അന്ന് എന്റെ അമ്മ എനോട് പറഞ്ഞു ആരും സ്നേഹിക്കാൻ ഇല്ലാത്തവരെ സ്നേഹിച്ചാൽ അവരിലെ സ്നേഹം മുഴുവൻ നമുക്ക് തരും. എല്ലാവരും സ്നേഹിക്കുന്നവരെ മാത്രം സ്നേഹിച്ചാൽ അവരുടെ സ്നേഹം പകുവെച്ച്... പകുവെച്ച്... അവസാനം നമുക്ക് ഒരംശം മാത്രം കിട്ടും ഈ സൂത്രം എന്റെ മോളു പഠിക്കണം...പാലിക്കണം.....

Jesmy.P.G, GNM student

CATHOLIC UPDATES

- => New Roman missal has been introduced.
=> YOUCAT: Malayalam version was released.
=> “Today, in general, we are very sensitive to the idea of charity and caring about the physical and material well-being of others, but almost completely silent about our spiritual responsibility towards our brothers and sisters” - Pope Benedict XVI, (From Lenten Message).
=> Pope named 22 new cardinals to advise him and name his successor.
=> Pope’s prayer intentions for March 2012
General: Contribution of Women. That the whole world may recognize the contribution of women to the development of society.
Mission: Persecuted Christians. That the Holy Spirit may grant perseverance to those who suffer discrimination, persecution, or death for the name of Christ, particularly in Asia.



JY GROUPS IN AMALA

- Doctors group: Thursday, 7:00 - 8:30 pm Surgery class room
B.Sc Nursing students group: Wednesday, 4:30 -5:30pm Ayurveda Chapel
GNM students group: Saturday, 8:00-9:00pm Central Chapel
Working staffs group: Tuesday, 7:45pm Central Chapel
MBBS students group: Monday, 4:30 - 6:00pm Ayurveda Chapel



Chief Editor: Nelson Thomas Chief Advisor: Dr. Betsy Thomas

